Jesus said to eat His flesh and drink His blood?

When the Lord spoke of eating His flesh and drinking His blood (John 6:51-56), He was speaking a mystery (Mt 13), as He often does throughout Scripture. He wasn't speaking of eating a wafer and drinking grape juice/wine. Nor was He saying to eat His earthly flesh and drink His earthly blood (which the Law forbade – Lev 17:14; Deut 12:23).

Consider that the Lord's flesh refers to **the Word of God**. His blood refers to **the Holy Spirit of God**. God changes and grows people by His Word and Holy Spirit. View sample Scriptures...

COME TO HIM,	BELIEVE IN HIM,
EAT THE WORD OF GOD	DRINK THE SPIRIT OF GOD
" My flesh is true food " (Jn 6:55)	" My blood is true drink " (Jn 6:55)
And the Word became flesh , and dwelt	For by one Spirit we were all baptized into
among us, and we beheld His glory, glory	one body, whether Jews or Greeks,
as of the only begotten from the Father, full	whether slaves or free, and we were all
of grace and truth. (Jn 1:14)	made to drink of one Spirit . (1Cor 12:13)
Thy words were found and I ate them,	And do not get drunk with wine , for that
And Thy words became for me a joy and	is dissipation, but be filled with the Spirit
the delight of my heart; For I have been	(Eph 5:18)
called by Thy name, O LORD God of	and all drank the same spiritual drink ,
hosts. (Jer 15:16)	for they were drinking from a spiritual
Then He said to me, "Son of man, eat what	rock which followed them; and the rock
you find; eat this scroll, and go, speak to the house of Israel." So I opened my mouth, and He fed me this scroll. (Ezek 3:1,2) And the voice which I heard from heaven, I heard again speaking with me, and saying, "Go, take the book which is open in the hand of the angel who stands on the sea and on the land." And I went to the angel, telling him to give me the little book. And he said to me, "Take it, and eat it; and it will make your stomach bitter, but in your mouth it will be sweet as honey." (Rev 10:8-9)	was Christ . (1Cor 10:4)
	Now on the last day, the great day of the feast, Jesus stood and cried out, saying, "If any man is thirsty, let him come to Me and
	drink." (John 7:37)
	But this He spoke of the Spirit, whom those who believed in Him were to receive; for the Spirit was not yet given, because Jesus was not yet glorified. (John 7:39)
	"When the Helper comes, whom I will send to you from the Father, that is the Spirit of truth, who proceeds from the Father , He will bear witness of Me" (Jn 16:13)
"Why do you spend money for what is not	"If you then, being evil, know how to give
bread, And your wages for what does not	good gifts to your children, how much
satisfy? Listen carefully to Me, and eat	more shall your heavenly Father give
what is good, And delight yourself in	the Holy Spirit to those who ask Him ?"
abundance." (Isa 55:2)	(Luke 11:13)

and have tasted the good word of God and the powers of the age to come (Heb 6:5) and all ate the same spiritual food (1Cor	"But the Helper, the Holy Spirit , whom the Father will send in My name, He will teach you all things , and bring to your remembrance all that I said to you." (Jn 14:26)
10:3) But He answered and said, "It is written, 'MAN SHALL NOT LIVE ON BREAD ALONE, BUT ON EVERY WORD THAT PROCEEDS OUT OF THE MOUTH OF GOD.'" (Matt 4:4)	"But when He, the Spirit of truth , comes, He will guide you into all the truth ; for He will not speak on His own initiative, but whatever He hears, He will speak; and He will disclose to you what is to come." (Jn 16:13)
'Give us this day our daily bread . (Mt 6:11) Since there is one bread , we who are many are one body; for we all partake of	"Then the Spirit of the LORD will come upon you mightily, and you shall prophesy with them and be changed into another man." (1Sam 10:6)
<pre>the one bread. (1Cor 10:17) Is not the bread which we break a sharing in the body of Christ? (1Cor 10:16)</pre>	And in the same way He took the cup after they had eaten, saying, "This cup which is poured out for you is the new covenant in My blood ." (Lk 22:20)
In the beginning was the Word , and the Word was with God, and the Word was God. (Jn 1:1)	Is not the cup of blessing which we bless a sharing in the blood of Christ ? (1Cor.
"Do not work for the food which perishes, but for the food which endures to eternal life , which the Son of Man shall give to you, for on Him the Father, even God, has set His seal." (Jn 6:27)	10:16) Jesus therefore said to them, "Truly, truly, I say to you, unless you eat the flesh of the Son of Man and drink His blood, you have no life in yourselves ." (John 6:53)
Jesus therefore said to them, "Truly, truly, I say to you, unless you eat the flesh of	'For the life of the flesh is in the blood ' (Lev 17:11)
the Son of Man and drink His blood, you have no life in yourselves." (John 6:53)	"It is the Spirit who gives life" (Jn 6:63)
What was from the beginning, what we have heard, what we have seen with our eyes, what we beheld and our hands handled, concerning the Word of Life (1Jn 1:1)	
And He is clothed with a robe dipped in blood; and His name is called The Word of God . (Rev 19:13)	
Jesus said to them, "I am the bread of life; he who comes to Me shall not hunger, and he who believes in Me shall never thirst " (In 6:35)	

and he who believes in Me shall never thirst." (Jn 6:35)