

Quiz — flesh or Spirit?

When you wake up in the morning and have a cup of coffee, is that flesh or Spirit? Hopefully you will come to realize that 99.99% of your day and your life is flesh – and has absolutely nothing to do with God one way or the other. If the Lord teaches you the Scriptures, you will also discover that He categorizes things as Spirit (the Spirit of Truth) if they involve only Him and His Word in truth (read John chapters 14 and 16; Eph 6:17).

Exercise: Circle your best answer at this time for each of the following activities...

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| 1. Finding a parking spot | flesh | Spirit |
| 2. Brushing your teeth | flesh | Spirit |
| 3. Getting married | flesh | Spirit |
| 4. Having children | flesh | Spirit |
| 5. Getting a job | flesh | Spirit |
| 6. Participating in a sporting event | flesh | Spirit |
| 7. Making money | flesh | Spirit |
| 8. Going to a movie or the opera | flesh | Spirit |
| 9. Eating food | flesh | Spirit |
| 10. Eating God's Word as taught by Him | flesh | Spirit |
| 11. Drinking water | flesh | Spirit |
| 12. Drinking God's Spirit as given by Him | flesh | Spirit |
| 13. Giving food to the needy (a nice thing to do) | flesh | Spirit |
| 14. Feeding people the Word of God in truth | flesh | Spirit |
| 15. Talking on the phone with a friend | flesh | Spirit |
| 16. Speaking the gospel in truth to someone | flesh | Spirit |
| 17. Praying to God for a new job or new car | flesh | Spirit |
| 18. Praying to God for His will to be done | flesh | Spirit |
| 19. Asking God for better health | flesh | Spirit |
| 20. Asking the Lord to reveal Himself
and the truth of His Word | flesh | Spirit |
| 21. Doing well in school | flesh | Spirit |
| 22. Gaining understanding of the Scriptures from the Lord | flesh | Spirit |

Answers: 1-9, 11, 13, 15, 17, 19, 21 – flesh. 10, 12, 14, 16, 18, 20, 22 – Spirit.